


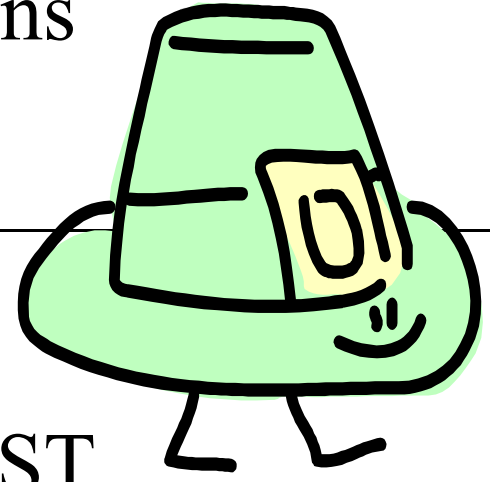



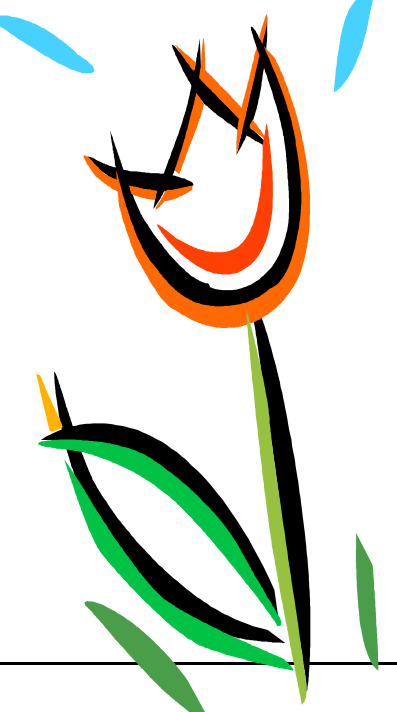


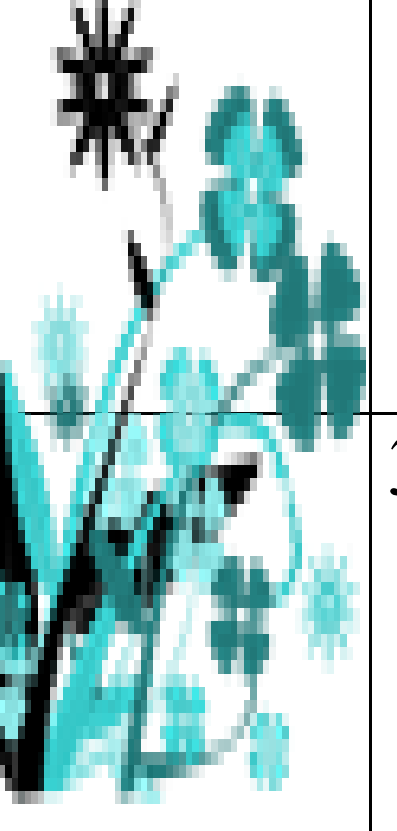



March

Golden View Activity Calendar March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><i>Stella Salcido 03/01</i> <i>James Harnley 03/11</i> <i>Eunice Lovinger 03/31</i></p>	<p><i>Activities subject to change</i></p> 				<p>1</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 2:00 Tea & Biscuits 4:30 DINNER 6:00 Nightly News</p>	<p>2</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER</p> 
<p>3</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News</p>	<p>4</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Crunch & Munch 2:00 Picture Bingo 4:30 DINNER 7:00 Wheel of Fortune</p> 	<p>5</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:30 Singing with Rex 4:30 DINNER</p> 	<p>6 Ash Wednesday</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:00 Card Games 4:30 DINNER 6:00 News</p>	<p>7</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy</p> 	<p>8</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 12:00 Country with Johnny 2:00 Tasty Treats 4:30 DINNER 6:00 Nightly News</p>	<p>9</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER</p> 
<p>10 Daylight Savings</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News</p>	<p>11</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Keyboards with Gil 2:00 Picture Bingo 4:30 DINNER 7:00 Wheel of Fortune</p>	<p>12</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 4:30 DINNER 6:00 Evening News</p>	<p>13</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:30 Singing with Rex 4:30 DINNER 6:00 News</p>	<p>14</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Endtime Gospel Singers 10:30 Tag Dance 11:30 LUNCH 12:30 Guitarist Daryl 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy</p>	<p>15</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 1:00 Tea and Biscuits 4:30 DINNER 6:00 Nightly News</p>	<p>16</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News</p>
<p>17 St. Patrick's Day</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News</p> 	<p>18</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Crunch & Munch 2:00 Picture Bingo 4:30 DINNER 7:00 Wheel of Fortune</p>	<p>19</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:30 Singing with Rex 4:30 DINNER 6:00 Evening News</p> 	<p>20 1st Day of Spring</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:00 Card Games 4:30 DINNER 6:00 News</p>	<p>21</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy</p>	<p>22</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 12:00 Country with Johnny 2:00 Tasty Treats 4:30 DINNER 6:00 Nightly News</p> 	<p>23</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News</p>
<p>24 / 31</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News</p>	<p>25</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Crunch & Munch 2:00 Picture Bingo 4:30 DINNER 7:00 Wheel of Fortune</p>	<p>26</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:30 Birthday Party with Rex 4:30 DINNER 6:00 Evening News</p>	<p>27</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Keyboards with Gil 2:00 Snack Attack 4:30 DINNER 6:00 News</p>	<p>28</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy</p> 	<p>29</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 12:30 Painting 2:00 Tasty Treats 4:30 DINNER 6:00 Nightly News</p>	<p>30</p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News</p>