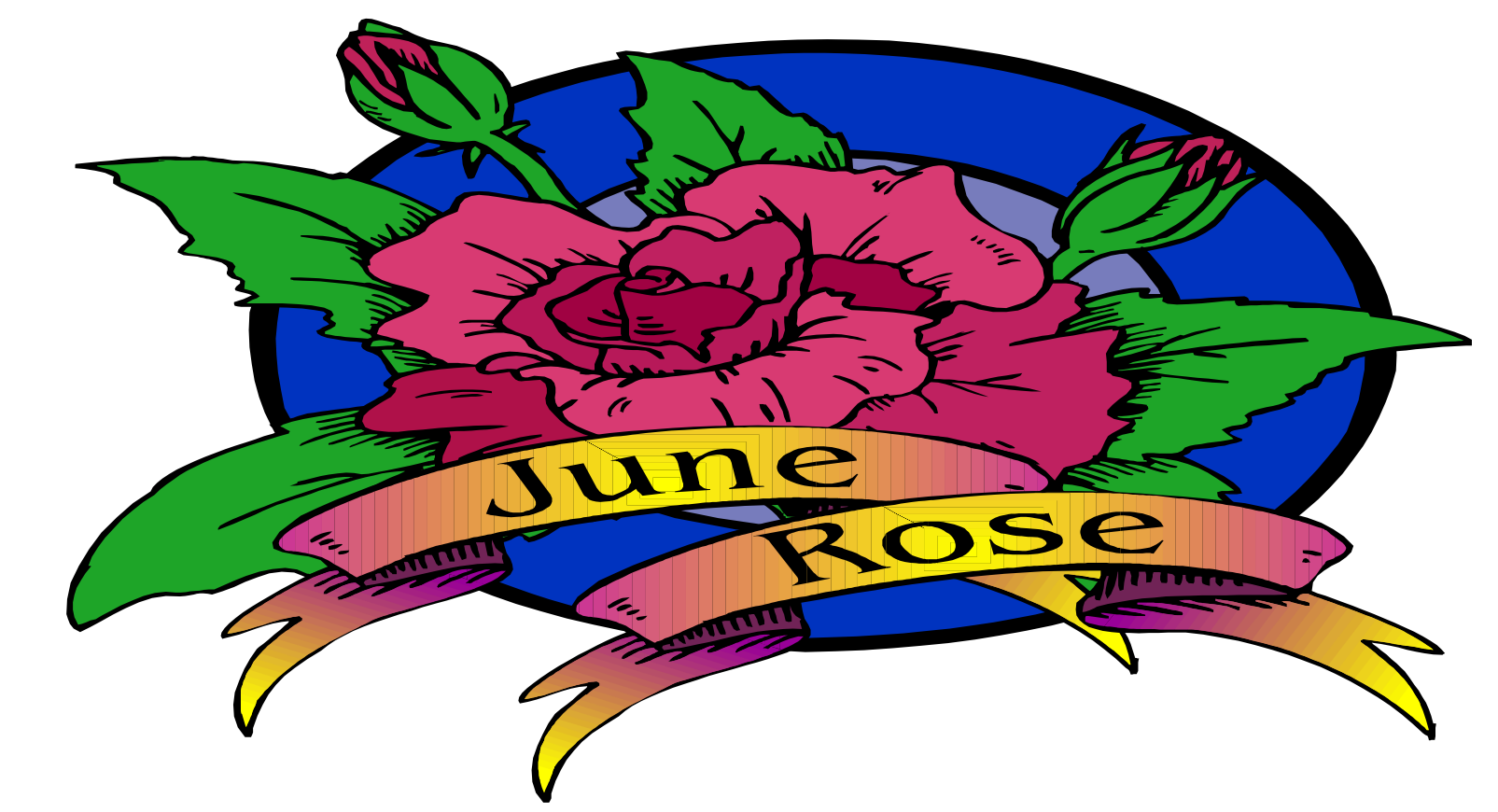




# Golden View Activity Calendar

## JUNE 2018



Sun

Mon

Tue

Wed

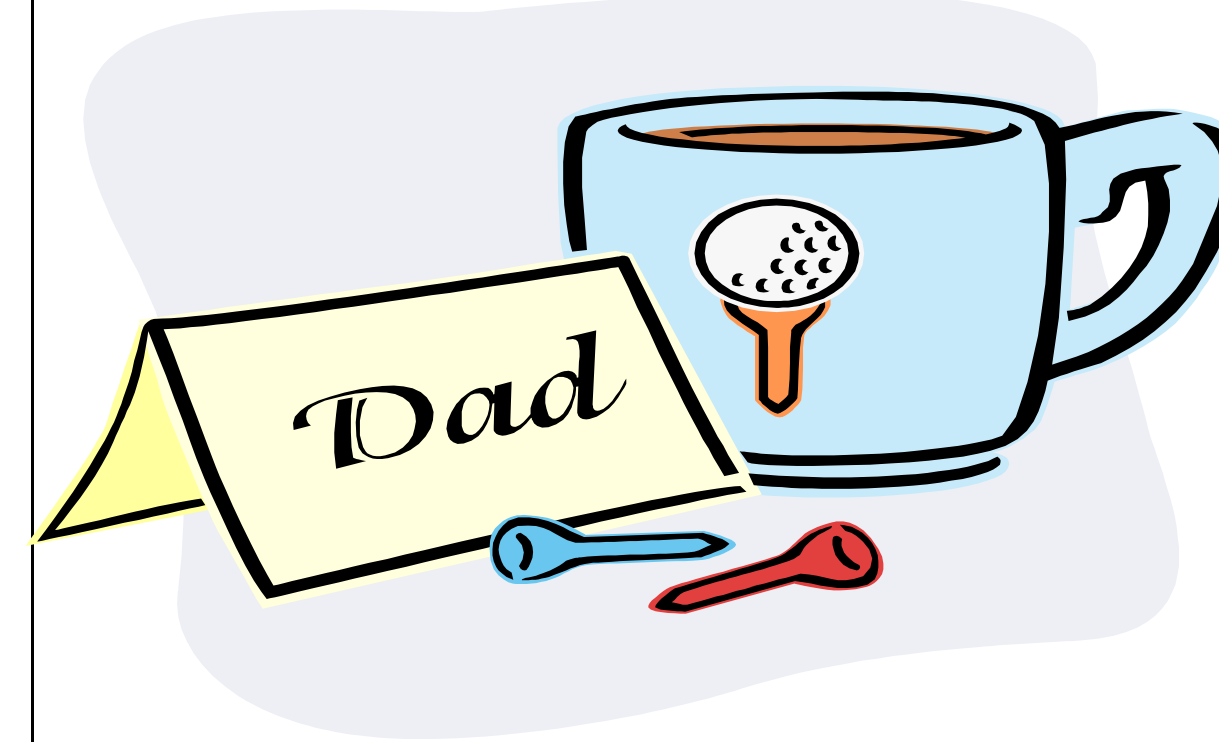
Thu

Fri

Sat



Activities subject to change



**HAPPY BIRTHDAY**  
 Richard Ellerbrock 06/05  
 Mary Baszaral 06/05  
 Lorraine Gunderson 06/11  
 Ila Long 06/16



1  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Exercise  
 11:30 LUNCH  
**12:30 Entertainment with Andy**  
 2:00 Tasty Treats  
 4:30 Dinner  
 6:00 Nightly News

2  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Sit N Be Fit  
 11:30 LUNCH  
**1:00 Jig Saw Puzzle**  
 1:30 Snack Attack  
 3:00 Clip Coupons  
 4:30 DINNER  
 6:00 News

3  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Church/Family Visits**  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Arts & Crafts**  
 4:30 DINNER  
 6:00 Evening News

4  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Chair Dance  
 11:30 LUNCH  
**12:30 Keyboards with Gil**  
 1:30 Crunch & Munch  
 4:30 DINNER  
 7:00 Wheel of Fortune

5  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Seniorcise  
 11:30 LUNCH  
**1:00 Smell the Roses**  
 1:30 Tasty Treats  
 4:30 Dinner  
 6:00 Evening News

6  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Move to the groove  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Card Games**  
 4:30 DINNER  
 6:00 News

7  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Endtime Gospel Singers**  
 11:30 LUNCH  
**1:00 Afternoon Walk**  
 4:30 DINNER  
 6:00 I Love Lucy

8  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Exercise  
 11:30 LUNCH  
**12:30 Country with Johnny**  
 2:00 Tasty Treats  
 4:30 Dinner  
 6:00 Nightly News

9  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Sit N Be Fit  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:30 Singing with Rex**  
 4:30 DINNER  
 6:00 News

10  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Church/Family Visits**  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Arts & Crafts**  
 4:30 DINNER  
 6:00 Evening News

11  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Chair Dance  
 11:30 LUNCH  
 1:30 Crunch & Munch  
**2:00 Picture Bingo**  
 4:00 DINNER  
 7:00 Wheel of Fortune

12  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Seniorcise  
 11:30 LUNCH  
 1:30 Tasty Treats  
**2:00 Painting to Music**  
 4:30 Dinner  
 6:00 Evening News

13  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Move to the groove  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Singing with Rex**  
 4:30 DINNER  
 6:00 News

14 **Flag Day**  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Tag Dance  
 11:30 LUNCH  
**1:00 Afternoon Walk**  
 1:30 Crunch & Munch  
 4:30 DINNER  
 6:00 I Love Lucy

15  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Exercise  
 11:30 LUNCH  
**12:30 Entertainment with Andy**  
 2:00 Tasty Treats  
 4:30 Dinner  
 6:00 Nightly News

16  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Sit N Be Fit  
 11:30 LUNCH  
**1:00 Jig Saw Puzzle**  
 1:30 Snack Attack  
 3:00 Clip Coupons  
 4:30 DINNER  
 6:00 News

17 **Fathers Day**  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Church/Family Visits**  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Arts & Crafts**  
 4:00 DINNER  
 6:00 Evening News

18  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Chair Dance  
 11:30 LUNCH  
**12:30 Keyboards with Gil**  
 1:30 Crunch & Munch  
 4:00 DINNER  
 7:00 Wheel of Fortune

19  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Seniorcise  
 11:30 LUNCH  
**1:00 Smell the Roses**  
 1:30 Tasty Treats  
**2:30 Singing with Rex**  
 4:00 Dinner  
 6:00 Evening News

20  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Move to the groove  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Card Games**  
 4:30 DINNER  
 6:00 News

21  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Endtime Gospel Singers**  
 11:30 LUNCH  
**1:00 Afternoon Walk**  
 1:30 Crunch & Munch  
 4:30 DINNER  
 6:00 I Love Lucy

22  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Exercise  
 11:30 LUNCH  
**1:00 Domino's**  
 2:00 Tasty Treats  
 4:30 Dinner  
 6:00 Nightly News

23  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Sit N Be Fit  
 11:30 LUNCH  
 1:30 Snack Attack  
 3:00 Clip Coupons  
 4:00 DINNER  
 6:00 News

24  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
**10:00 Church/Family Visits**  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Arts & Crafts**  
 4:30 DINNER  
 6:00 Evening News

25  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Chair Dance  
 11:30 LUNCH  
 1:30 Crunch & Munch  
**2:00 Picture Bingo**  
 4:30 DINNER  
 7:00 Wheel of Fortune

26  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Seniorcise  
 11:30 LUNCH  
**1:00 Smell the Roses**  
 1:30 Tasty Treats  
**2:30 Singing with Rex**  
 4:30 Dinner  
 6:00 Evening News

27  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Move to the groove  
 11:30 LUNCH  
 1:30 Snack Attack  
**2:00 Card Games**  
 4:30 DINNER  
 6:00 News

28  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Tag Dance  
 11:30 LUNCH  
**1:00 Afternoon Walk**  
 1:30 Crunch & Munch  
 4:00 DINNER  
 6:00 I Love Lucy

29  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Exercise  
 11:30 LUNCH  
**1:00 Domino's**  
 2:00 Tasty Treats  
 4:30 Dinner  
 6:00 Nightly News

30  
 7:30 BREAKFAST  
 8:30-10:00 ADL's  
 10:30 Sit N Be Fit  
 11:30 LUNCH  
**1:00 Jig Saw Puzzle**  
 1:30 Snack Attack  
 3:00 Clip Coupons  
 4:30 DINNER  
 6:00 News

