

# Golden View Activity Calendar August 2018

goodbye July, hello  
**AUGUST**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 12:30 Entertainment w/ Andy 1:30 Snack Attack 4:30 DINNER 6:00 News	2 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy	3 7:30 BREAKFAST 8:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 12:30 Guitarist Daryl 2:00 Tasty Treats 4:30 Dinner 6:00 Nightly News	4 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News
5 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News	6 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 12:30 Keyboards with Gil 1:30 Crunch & Munch 4:30 DINNER 7:00 Wheel of Fortune	7 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:30 Tasty Treats 2:30 Singing with Rex 4:30 Dinner 6:00 Evening Ne	8 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:00 Card Games 4:30 DINNER 6:00 News	9 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 EndTime Gospel Singers 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy	10 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 12:30 Country with Johnny 2:00 Tasty Treats 4:30 Dinner 6:00 Nightly News	11 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER
12 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News	13 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Crunch & Munch 2:00 Picture Bingo 4:30 DINNER 7:30 Wheel of Fortune	14 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:00 Painting to Music 4:30 Dinner 6:00 Evening News	15 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:30 Singing with Rex 4:30 DINNER 6:00 News	16 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy	17 7:30 BREAKFAST 8:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 1:00 Ice Cream Social 4:30 Dinner 6:00 Nightly	18 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News
19 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening New	20 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 12:30 Keyboards with Gil 1:30 Crunch & Munch 4:30 DINNER 7:00 Wheel	21 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:30 Singing with Rex 4:30 Dinner 6:00 Evening News	22 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 12:30 Entertainment w/ Andy 1:30 Snack Attack 4:30 DINNER 6:00 News	23 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 EndTime Gospel Singers 11:30 LUNCH 1:00 Afternoon Walk 1:30 Crunch & Munch 4:30 DINNER 6:00 I Love Lucy	24 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 12:30 Country with Johnny 2:00 Tasty Treats 4:30 Dinner 6:00 Nightly News	25 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N Be Fit 11:30 LUNCH 1:00 Jig Saw Puzzle 1:30 Snack Attack 3:00 Clip Coupons 4:30 DINNER 6:00 News
26 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 1:30 Snack Attack 2:00 Arts & Crafts 4:30 DINNER 6:00 Evening News	27 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Chair Dance 11:30 LUNCH 1:30 Crunch & Munch 2:00 Picture Bingo 4:30 DINNER 7:30 Wheel of Fortune	28 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 Smell the Roses 1:30 Tasty Treats 2:30 Birthday Party with Rex 4:30 Dinner 6:00 Evening News	29 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:30 Snack Attack 2:00 Card Games 4:30 DINNER 6:00 News	30 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Tag Dance 11:30 LUNCH 1:00 Root Beer Floats 4:30 DINNER 6:00 I Love Lucy	31 7:30 BREAKFAST 8:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 12:30 Singing with Ronald 4:30 Dinner 6:00 Nightly News	 Anna Marie Carr 08/21 Irene Poppler 08/22 Louise Wheeler 08/26