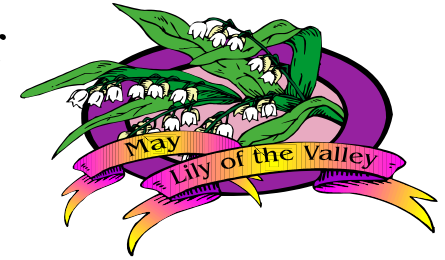


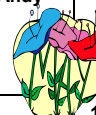

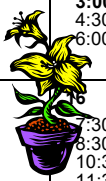










# Golden Meadows Activity Calendar May 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>Activities subject to change</i></p> 	<p><b>1</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 <b>Singing with Rex</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>2</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 2:00 <b>Music with Andy</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p> 	<p><b>3</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH 1:30 <b>Endtime Gospel</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>4</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH 2:00 <b>Arts &amp; Crafts</b> 3:00 <b>Tasty Treats</b> 4:30 Dinner 6:00 News</p>	<p><b>5 Cinco de Mayo</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 2:00 <b>Bingo</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 
<p><b>6</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 2:00 <b>Church</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>7</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH 2:00 <b>Keyboards w/Gil</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>8</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 2:00 <b>Fun &amp; Games</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 	<p><b>9</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 0:30 Move to the groove 11:30 LUNCH 1:00 <b>Singing with Rex</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>10</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH 2:00 <b>Music with John</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 	<p><b>11</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH 2:00 <b>Country w/ Johnny</b> 3:00 <b>Tasty Treats</b> 4:30 Dinner</p>	<p><b>12</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 2:00 <b>Bingo</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>
<p><b>13 Mother's Day</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 2:00 <b>Church</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 	<p><b>14</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 UNCH 2:00 <b>String Ensemble</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>15</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 <b>Singing with Rex</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>16</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 1:00 <b>Resident Counsel</b> 2:00 <b>Singing with Ray</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>17</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH 2:00 <b>Nail Care</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 	<p><b>18</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH 2:00 <b>Music with Andy</b> 3:00 <b>Tasty Treats</b> 4:30 Dinner 6:00 News</p>	<p><b>19</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 2:00 <b>Bingo</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p> 
<p><b>20</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 <b>Sunday Brunch</b> 2:00 <b>Church</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>21</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH 2:00 <b>Keyboards w/Gil</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>22</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 1:00 <b>Birthday Party w/ Rex</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>23</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 2:00 <b>Tea and Biscuits</b> 4:30 DINNER 6:00 News</p> 	<p><b>24</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH 2:00 <b>Music with John</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>25</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH 2:00 <b>Country w/ Johnny</b> 3:00 <b>Tasty Treats</b> 4:30 Dinner 6:00 News</p>	<p><b>26</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH 2:00 <b>Bingo</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>
<p><b>27</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 2:00 <b>Church</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>28 Memorial Day</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH 2:00 <b>Bingo</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p> 	<p><b>29</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH 2:00 <b>Domino's</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>30</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH 2:00 <b>Ms Teri &amp; Drums</b> 3:00 <b>Tasty Treat</b> 4:30 DINNER 6:00 News</p>	<p><b>31</b></p> <p>7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH 2:00 <b>Fun &amp; Games</b> 3:00 <b>Snack Attack</b> 4:30 DINNER 6:00 Evening News</p>	<p><b>Happy Birthday</b></p> <p>Sharon DuPuis 05/03 Marilyn Jones 05/23</p> 