
















# March

## Golden Meadows Activity Calendar March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH <b>2:00 Church</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>2</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH <b>2:00 Painting</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News 	<b>3</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH <b>1:00 Singing with Rex</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>4</b> 7:30 BREAKFAST 8:30-10:00 ADL's 11:00 <i>Move to the groove</i> <b>11:30 LUNCH</b> <b>2:00 Arts &amp; Crafts</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News 	<b>5</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH <b>2:00 Domino's</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>6</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH <b>1:00 Endtime Gospel</b> <b>3:00 Tasty Treats</b> 4:30 Dinner 6:00 News 	<b>7</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH <b>2:00 Bingo</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	
<b>8 Daylight Savings</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH <b>2:00 Church</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	<b>9</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH <b>2:00 Ms Teri &amp; Her Drums</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News	<b>10</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH <b>2:00 Domino's</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>11</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 <i>Move to the groove</i> 11:30 LUNCH <b>1:00 Singing with Rex</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News 	<b>12</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH <b>2:00 Entertainment /John</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>13</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH <b>2:00 Country w/Johnny</b> <b>3:00 Tasty Treats</b> 4:30 Dinner 6:00 News 	<b>14</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH <b>2:00 Bingo</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	
<b>15</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH <b>2:00 Church</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	<b>16</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH <b>2:00 Fun and Games</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News 	<b>17 St. Patrick's Day</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH <b>1:00 Singing with Rex</b> 4:30 DINNER 6:00 Evening News 	<b>18</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Move to the groove 11:30 LUNCH <b>2:00 Arts &amp; Crafts</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News	<b>19 1st Day of Spring</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH <b>2:00 Music with Ray</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>20</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH <b>2:00 Country w/ Johnny</b> 3:00 Tasty Treats 4:30 Dinner 6:00 News	<b>21</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH <b>2:00 Bingo</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	
<b>22</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH <b>2:00 Church</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News 	<b>23</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH <b>2:00 Singing with Dan</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News	<b>24</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH <b>1:00 Singing with Rex</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>25</b> 7:30 BREAKFAST 8:30-10:00 ADL's 11:00 <i>Move to the groove</i> 11:30 LUNCH <b>2:00 Color Blocks</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News	<b>26</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Sit N' Be Fit 11:30 LUNCH <b>2:00 Entertainment /John</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>27</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Holy Communion 11:00 Chair Dancing 11:30 LUNCH <b>1:00 Endtime Gospel</b> <b>3:00 Tasty Treats</b> 4:30 Dinner 6:00 News	<b>28</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Exercise 11:30 LUNCH <b>2:00 Bingo</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	
<b>29</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH <b>2:00 Church</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News	<b>30</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Catch A Ball 11:30 LUNCH <b>2:00 Ms Teri &amp; Her Drums</b> <b>3:00 Tasty Treat</b> 4:30 DINNER 6:00 News	<b>31</b> 7:30 BREAKFAST 8:30-10:00 ADL's 10:30 Seniorcise 11:30 LUNCH <b>1:00 Nail Care</b> <b>3:00 Snack Attack</b> 4:30 DINNER 6:00 Evening News				 <b>HAPPY BIRTHDAY</b> <i>Roberta Nichols 03/01</i> <i>Sam Davis 03/21</i>	